

A - PH - Cut In - Slide Puck in Front of Defenders Skates – SW

Key Points:

The game is about gaining position in between the defender and his net on offense and staying between the attacker and your net on defense. This move blocks the defender off as you gain the offensive side.

Description:

1. Mimic the defensive triangle by putting a stick on top of a glove.
2. Fake outside then cut inside and slide the puck in front of the defenders skate.
3. Build a wall with the inside leg and back and cut in.

<http://www.hockeycoachingabcs.com/mediagallery/media.php?f=0&sort=0&s=20140131161425835>

